



Benefits Blast: August – Breastfeeding Awareness

Breastfeeding Awareness Month

August is **Breastfeeding Awareness Month** — a time to recognize and support breastfeeding and pumping parents, including those returning to work, traveling, pumping during the workday, or navigating new feeding routines. Forvis Mazars offers benefits designed to help make breastfeeding and pumping easier, including our Milk Stork benefit and breast pump coverage through UnitedHealthcare (UHC).

Milk Stork Benefit Spotlight

Milk Stork supports breastfeeding and pumping parents by helping transport breast milk safely and conveniently while traveling, commuting, or returning to the office. The service provides easy-to-use refrigerated or frozen shipping and carrying solutions so parents can keep feeding routines on track with less stress.

Using Milk Stork is as easy as 1, 2, 3!

1. Order your Milk Stork kit for delivery to your home or hotel.
2. Pump according to your regular nursing schedule and refrigerate or freeze your breast milk until you're ready to ship or carry it home with you.
3. Ship your Milk Stork cooler (shipping labels included) or carry it home with you.

For details on how to use this benefit, visit the Benefit Resource Center – [Milk Stork](#).

Free Breast Pump Coverage Through UHC

UHC participants may be eligible to receive a breast pump and nursing support services free of charge through their UHC medical plan. To request a breast pump, members can sign in to their myUHC account or contact a national breast pump supplier that UHC partners with. Please visit [Breast pump coverage](#) for more information.

Upcoming Webinar: Back to Work, Still Pumping

Join Milk Stork for a Breastfeeding Awareness Month webinar designed to support breastfeeding and pumping parents as they return to work, travel, and manage office days.

- August 20, 2026 • 11 a.m. PT / 2 p.m. ET
- Join live for a chance to win a new Milk Cubby Pro!
- [Register here](#)

More Resources

- The [Benefit Resource Center](#) is the hub for all benefits information.
- Please submit a Case in [Workday](#) with any benefit questions.